

# Year 11 Power to Perform





Key Dates				
October 2023	PS16 Launch - Application window			
	is open			
End of October 2023	Attitude to Learning report and			
	predicted grades			
30 <sup>th</sup> October – 10 <sup>th</sup> November 2023	Trial examinations			
23 <sup>rd</sup> November 2023	Further Education Evening			
December 2023	Full report, including trial exam			
	results			
5 <sup>th</sup> December 2023	Parent Consultation Evening			
January 2024	Mid Jan Sixth Form Deadline			
	End of Jan PS16 Deadline			
4 <sup>th</sup> March 2024	Second trial exam series			
March 2024	Full report			
19 <sup>th</sup> March 2024	Parent Consultation Evening 2			

#### GCSE Exams 2024 Series

Subject	Exam Board	Exam Dates
Business Studies	Edexcel	14th May, 5th June
Computer Science	OCR	15th May, 21st May
D&T	AQA	18th June
Drama	AQA	9th May
English Language English Literature	Edugas	23rd May, 6th June 13th May, 20th May
Food & Nutrition	AQA	19th June
French	AQA	14th <u>May,</u> 24th May
Geography	AQA	17th May, 5th June, 14th June
Health & Social Care BTEC Tech award	Pearson Edexcel	7th May



Subject	Exam Board	Exam Dates
History	OCR	15th May, 4th June, 11th June
Maths	AQA	16th May, 3rd June, 10th June
Music	Edugas	17th June
PE	OCR	22nd May, 3rd June
Religious Studies A	AQA	9th May, 16th May
Science:     Biology     Chemistry     Physics	AQA	10th May, 7th June 17th May, 11th June 22nd May, 14th June
Sport Studies	OCR Cambridge National	13th May

#### Non-exam Assessments (NEAs) Deadlines

Subject	Task	Deadline
Sport Studies	Sport and the Media Leadership/Performance in Sport	Extended deadline to Oct 2023 Submitted by 10th Jan
Health & Social Care	Component 2 coursework Health and Social Care Services and Values. Information released – Sept 2023	Submitted by 15 <sup>th</sup> Dec
English	Speaking & Listening	Submitted by early May (date TBC)
Music	Performing Composing	Submitted by early May (date TBC)
D&T	Coursework	Submitted by 7th May
Food & Nutrition	Food Investigation Food Prep	Both submitted by 7th May
Drama	Devising drama Texts in Practice (completed in window 15th Jan – 31st May)	Submitted by 7th May Submitted by 31st May
Art / Textiles (OCR Art & Design)	Portfolio Coursework (60%) 10 hours set task (40%) - Jan 2024 assessment materials available to schools	Submitted by mid May Completed over 2 days during April
French	Speaking (completed in window 2nd April – 22nd May)	Submitted by 22nd May



#### Trial Examinations Autumn 2023: Monday 30<sup>th</sup> October – Friday 10<sup>th</sup> November

The chart below provides information regarding the focus of each of upcoming trial exams. This should give students an indication of the topics and skills they should revise – further details will be given in lessons. Our new Examinations Officer, Mrs Bliss, will issue exam timetables for students in the coming weeks.

Exam	Exam Board	Papers	Duration	Content of exam / topics	Useful revision websites / books
Art	OCR	Component 02: Externally set task	10 hrs	Component 02: Externally set task Students respond to one of five themes, each with a range of written and visual starting points and stimuli. Students research, plan and develop ideas for their response to the option they have chosen, which they must then create their final piece within the ten-hour supervised time- period.	Exemplar GCSE sketchbook videos on YouTube, Instagram and TikTok for support with presentation and idea exploration.
Biology	AQA	Biology - Paper 1	1 hr 45 mins	Cell Biology; Organisation; Infection and response; and Bioenergetics	Books CPG Biology Revision Cards CPG Biology Revision Guide and Practice Websites AQA Science Doc Brown Science BBC Bitesize GCSEpod Grade Gorilla Seneca YouTube Channels Cognito Science Fuse School Science sauce
Business	Pearson Edexcel	Paper 1 – Investigating small business	1.5 hrs	1.1 Entrepreneurs and entrepreneurship 1.2 Spotting a business opportunity 1.3 putting a business idea into practice 1.4 making the business effective 1.5 understanding external influences	GCSE bite size Seneca (revision and exam questions) Business SharePoint site
Chemistry	AQA	Chemistry – Paper 1	1 hr 45 mins	Atomic structure and the periodic table; Bonding, structure, and the properties of matter; Quantitative chemistry; Chemical changes; and Energy changes	Books CPG Chemistry Revision Cards CPG Chemistry Revision Guide and Practice



					Websites AQA Science Doc Brown Science BBC Bitesize GCSEpod Grade Gorilla Seneca  YouTube Channels Cognito Science Fuse School Science sauce
Combined science	AQA	Biology - Paper  1 Chemistry — Paper 1 Physics — Paper 1	1 hr 15 mins each	Biology: Cell Biology; Organisation; Infection and response; and Bioenergetics  Chemistry: Atomic structure and the periodic table; Bonding, structure, and the properties of matter; Quantitative chemistry; Chemical changes; and Energy changes  Physics: Energy; Electricity; Particle model of matter; and Atomic structure	Books  Daydream science revision guide CPG revision cards BBC Bitesize revision guide — foundation or higher Oxford revise revision and exam practice — foundation or higher  Websites AQA Science Doc Brown Science BBC Bitesize GCSEpod Grade Gorilla Seneca  YouTube Channels Cognito Science Fuse School Science sauce
Computer Science	OCR	Component 1  – Computer systems, Component 2  – Algorithms & programming	1.5 hrs each (3 total)	Component 1 (1.1 Systems Architecture 1.2 Memory and storage 1.3 Computers networks, connections and protocols 1.4 Network security 1.5 Systems software 1.6 Ethical, legal, cultural and environmental impacts of digital technology) Component 2 (2.1 Algorithms 2.2 Programming fundamentals 2.3 Producing robust programs 2.4 Boolean logic	Ibstock computing sharepoint  Pesudo code challenges  Seneca exam questions  OCR Computer science revision



				2.5. Drogramming languages and	
				2.5 Programming languages and Integrated Development Environments)	
Drama	AQA	Drama Paper	1hr 15 mins	Section A: Stage Types, Positioning and Theatre Roles Section B: Blood Brothers	CGP Revision Guides (Drama GCSE and GCSE Blood Brothers)  Blood Brothers play text (clean copy needed for exam)
D&T - Graphics	AQA	Graphics Paper 1	1hour	Section A – Core Technical principles  Section B – Designing and Making principles	CGP GCSE revision guide SharePoint D&T - Unit 1,2 and 4
D&T – Resistant Materials	Resistant Materials Paper 1		1hour	Section A – Core Technical principles Section B – Designing and Making principles	CGP GCSE revision guide SharePoint D&T - Unit 1,2 and 4
English Language	Eduqas	Component 1 Section A – Reading Section B - Writing		C1 Section A – Read a fiction extract and answer five questions about the extract. 1 hour. C1 Section B – Choose from four narrative writing titles and write a narrative. 45 minutes.	English Language Past Papers: https://revisionworld.com /a2-level-level- revision/english-language- gcse-level/english- language-gcse-past- papers/eduqas-gcse- english-language-past- papers  YouTube, especially Mr Bruff's channel GCSE Pod
English Literature	Eduqas	Component 2 An Inspector Calls A Christmas Carol Unseen Poetry		An Inspector Calls – Write an essay about a given character or theme. 45 minutes.  A Christmas Carol – Write an essay about a given character or theme. 45 minutes.  Unseen Poetry – write a 20 minute response to a single unseen poem, followed by a 40 minute comparison to a second unseen poem. 1 hour.	English Literature Past Papers: https://revisionworld.com /a2-level-level- revision/english- literature-gcse- level/english-literature- gcse-past-papers/eduqas- gcse-english-literature- past-papers  Seneca Sparknotes Shmoop YouTube, especially Mr Bruff's channel GCSE Pod Watch the films or re- read the texts (or listen to the AudioBook!)



					Any of the CGP Guides, available on Amazon
Food Prep & Nutrition	AQA	NEA1 Trial		Mock NEA1 investigation. Task: Raising agents in scones. Set during lesson time in F, P & N.	
French	AQA	Papers 1 –4 Foundation/ higher tier	see right for different papers	Paper 1 Listening F – 35 mins H – 45 mins (conducted in class)  Paper 2 Speaking (conducted individually at given times)  Paper 3 Reading F – 45 mins H – 60 mins  Paper 4 Writing F – 60 mins H – 75 mins	BBC Bitesize https://www.bbc.co.uk/bi tesize/examspecs/zr8bmf r  GCSE French AQA Complete Revision & Practice (revision guide)  GCSE Pod
Geography	AQA	Paper 1: Living with the Physical Environment  Paper 2 and 3 Combined: Geographical Applications, Challenges in the Human	1h30	Part A: The Challenge of Natural Hazards (Tectonic Hazards, Weather Hazards, Climate Change)  Part B: The Living World (Ecosystems, Rainforests, Hot Deserts)  Part C: Physical Landscapes in the UK (Rivers, Glaciation)  Part A, Paper 3: Issue Evaluation  Part B, Paper 3: Fieldwork	https://www.internetgeog raphy.net/gcse- geography-revision/ https://www.coolgeograp hy.co.uk/gcsen/revision_z one.php https://www.savemyexam s.com/gcse/geography/aq a/18/revision-notes/  GCSE 9-1 Geography AQA Revision Guide: Get Revision with Results (GCSE Geography AQA
History	OCR	Paper 1, Section A & Paper 3, Section B  Paper 2, choice of 3 questions, students answer 2	1h45	Part C, Paper 2: The Challenge of Resource Management (Water) Crime & Punishment and Living under Nazi Rule  History Around Us	My Revision Notes: OCR GCSE (9-1) History B: Schools History Project OR CGP GCSE History OCR B: Schools History Project Revision Guide: Use their work booklets as revision, English Heritage Kenilworth Guide Seneca & GCSE Pod
Maths	AQA	Foundation Paper 1 (calculator	1½ hours.	All content from AQA 8300 specification	MyMaths, MathsWatch, BBC Bitesize and GCSE Pod.



		allowed) and Higher paper 1 (calculator allowed)			Any revision guide by tier for AQA exam board.
Music	Eduqas	Listening	1 Hour 15 minutes	Areas of Study and Set Works	Revision Book that has been provided, plus class exercise books.
PE	OCR	Paper 1 – Factors affecting physical performance.	1h	Structure and function of the skeletal system. Structure and function of the muscular system. Movement analysis Structure and function of the cardio respiratory system Components of fitness Principles of training Types of injury	OCR revision guides Use their classwork booklets as revision. GCSE Pod
		Paper 2 – Socio-cultural issues and sports psychology		Commercialisation Engagement patterns of different social groups Ethical issues Sports psychology Health, fitness and well being	
Physics	AQA	Physics – Paper 1	1 hr 45 mins	Energy; Electricity; Particle model of matter; and Atomic structure	Books CPG Physics Revision Cards CPG Physics Revision Book and Practice  Websites AQA Science Doc Brown Science BBC Bitesize GCSEpod Grade Gorilla Seneca  YouTube Channels Cognito Science Fuse School Science sauce
Religious Studies	AQA	Paper 1- The Study of Religions: Beliefs, teachings and practices Christianity and Buddhism	1hr 45mins	Christianity Beliefs and teachings: nature of God, Trinity, creation, incarnation, crucifixion, resurrection, life after death (inc. Judgement and heaven& hell), salvation. Practices: worship, prayer, the sacraments, pilgrimage, festivals, role of the Church in the local community (food banks, Street	<ul> <li>BBC Bitesize.</li> <li>GCSE Pod.</li> <li>AQA A Religious Studies Revision Guide (Christianity and Buddhism- yellow and purple cover)- found on Amazon.</li> <li>CGP AQA Religious Studies Revision</li> </ul>



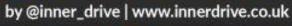
				Pastors), mission, evangelicalism, church growth, persecution, poverty.  Buddhism Beliefs and teachings: birth of Buddha, four sights, ascetic life, Buddha's enlightenment, Dhamma, dependent arising, three marks of existence, Four Noble Truths, Theravada and Mahayana Buddhism, Arhat, Pure Land Buddhism.  Practices: places and types of worship, types of meditation, Bodhisattvas, ceremonies and rituals around death/ mourning, festivals, karma and rebirth, karuna, metta, five moral precepts, the six perfections.  For each of the 4 topics, students answer 5 questions:  1 - mark multiple choice 2 - mark 'give two ways/reasons' 4 -mark explain question referring to a sacred text/ quote 12-mark 'evaluate' essay.	Guide- found on Amazon or the CGP website.  AQA A Religious Studies Workbook (Christianity and Buddhism)-contains revision activities and practice exam questions- found on Amazon. Classwork as revision. Knowledge Organisers- given out in class. Past exam papersfound on the AQA website here along with mark schemes: https://www.aqa.org.uk/subjects/religious-studies-a-8062/assessment-resources?f.Resource+type%7C6=Question+papers
Textiles	OCR	Component 02: Externally set task issued in January	10 hrs	Component 02: Externally set task Students respond to one of five themes, each with a range of written and visual starting points and stimuli. Students research, plan and develop ideas for their response to the option they have chosen, which they must then realise within the ten-hour supervised time- period.	Exemplar GCSE sketchbook videos on Youtube, Instagram and TikTok for support with presentation and idea exploration. Create and explore Pinterest boards around theme, presentation and final outcomes.



- Both are needed to help your child improve, perform and develop resilience
- Help them work smarter Not all revision techniques are equal. Spacing out their revision and quizzes are better than cramming and highlighters
- Cope well with their setbacks There will be highs and lows. How you react to their lows will impact how many highs they have
- Minimise distractions Provide a revision area with minimum distractions (this include mobile phones!)
- Rise and dine Make sure they eat breakfast. It plays a big role in concentration and memory
- Regular bedtimes and lots of sleep If they sleep right, they will think right the next day
- Avoid cabin fever Encourage them to get fresh air each and every day









Do the actual work - revise!



When really stressed, talk to someone about it



Get some fresh air each day



Stick to regular mealtimes



Do something to switch off an hour before bed



Don't dwell on worst case scenarios



A good sleep the night before is better than last minute cramming



Once you've done the exam, move on to the next one



Don't aim for perfection – it's a myth and doesn't exist

### **EXAM COUNT DOWN**

### USE YOUR TIME WISELY

by @inner\_drive | www.innerdrive.co.uk



#### TWO WEEKS TO GO

Plan your revision effectively by spacing it out. Little and often is better than cramming at the last moment.



#### ONE WEEK TO GO

Do lots of past papers and quizzes. Teach the material to someone else. Seek advice, guidance and feedback from others.



#### THE NIGHT BEFORE

Pack your bag for the next day. Do an equipment check. Get plenty of sleep.



#### HIGH WORNING OF

Eat breakfast to fuel you for the day.



#### AN HOUR BEFORE

Get to school early and spend time with relaxing people.



#### **1 MINUTE BEFORE**

Take a deep breath and gather your thoughts.



#### AN HOUR AFTER

Once you have reflected on the exam, don't dwell on it. Move on.



### Who can support my child during Year 11?

In addition to form tutors and subject teachers, there is a dedicated team supporting Year 11.

Extended Year 11 Pastoral Team Key Staff:

#### Mrs A Roberts - Deputy Headteacher & Designated Safeguarding Lead



Working at Ibstock gives me a unique opportunity to work with young people, their teachers and their parents to achieve their best. School provides you with the tools and education required to succeed in the future. Here at Ibstock we pride ourselves on not only inspiring and developing young learners but also, providing learners with the platform and support required to excel in education and beyond.

#### Mr A Modi – Assistant Headteacher Culture & Expectations



My role here at Ibstock Community College is ensure learners embrace and value the importance of this crucial academic year brings to their daily experience of school and how it can impact and influence their present and their future. My passion, drive and ability to strategically lead on our all-encompassing college culture: The RESPECT Standards including Personal Development and Wellbeing and celebrating our diversity is underpinned within my role at Ibstock by overseeing the Student Leadership Program and Year 11 whole school event. As a key strategic college priority, my role entails supporting the specific needs of our Year 11 cohort and the community we

serve as we continue to strive to deliver excellence in ensuring our year 11 cohort are provided with the platform to excel during their final academic year at Ibstock.

#### Mrs L Kiteley - Deputy Designated Safeguarding Lead



My role as a Deputy Designated Safeguarding Lead here at Ibstock Community College, is to help ensure the wellbeing and safety of all children is met in and out of school. Alongside my role in safeguarding, I have specific training in mental health and counselling skills and use these when working with students to enable them to gain greater confidence not only on a personal level but also helping them to overcome any barriers which they may face during their educational journey.

#### Ms C Bateman - Pastoral Manager

My role is to support all students and their wellbeing both in and out of school. I work closely with students and their families to ensure that communication is clear and that all feel supported. I work alongside the inclusion team to serve both our students and the community to help overcome barriers as they approach the end of their journey, here at Ibstock. I look forward to the year ahead and seeing the results of all their hard work in August.

#### Mrs S Webster - Personal Development & Wellbeing Support Worker

My role as Personal Development and Wellbeing Officer was created in school nearly 2 years ago in response to Student Voice Survey in order to support students at ICC to succeed at school and in their future. All students have access to this support to help with their mental resilience in school through small group work, information in assemblies or 1:1 session.

As part of the Inclusion Team, we work closely with parents and students to ensure a strong support network both in and out of school. By helping students to recognised and manage their emotions and build on their strengths, we aim to give them the tools to be successful in all their endeavours.

#### Mrs T Roden - Special Educational Needs / Disabilities Co-ordinator

Here at Ibstock community College my role is to support learners with additional needs in achieving their absolute best. Whilst every student's needs are different, they are all encouraged to aim high and to do the best that they can. By working with teaching staff, we will look to put the necessary interventions and support in place to help our students in every way possible. This support will not only be for their academic studies, but also for their wellbeing.

#### **Marianne Clements Mental Health and Wellbeing Support**

My role at Ibstock Community College is to ensure that the Mental Health and Wellbeing needs of our students are being met. I meet regularly with a key team of staff to discuss individual referrals and needs and then put in plans for the next steps. Sometimes this is working with staff in school, sometimes it is using the outside agencies who come into school and at other times it is about parents/carers needing to make GP appointments to access more specialist care. We have lots of information on our school website which signposts both students and parents/carers to where they can access further information.



## INTRUPULING THE CAREERS TEAM

As the new careers lead, I am excited to roll out the new careers programme here at ICC and empower our students to achieve their full potential. As a team, we are committed to providing comprehensive guidance and support to our students, helping them navigate the ever-evolving world of careers. Our careers advisors have a fantastic understanding of industry trends and insights - Miss Rayns & Mrs. Prockter will ensure that our students are equipped with the knowledge and skills needed to make informed decisions about their future.

### WHAT SUPPORT WILL BE PROVIDED?

Our careers team will offer personalised support, assisting students in exploring different career paths, developing crucial employability skills, and accessing valuable resources. We aim to ensure each student is empowered to discover their unique strengths and passions.

# WHATS ON OFFER THIS YEAR?

We are thrilled to unveil our comprehensive and dynamic KS4 careers programme for this academic year. With our strong team of qualified careers advisors and an array of engaging activities, we are eager to guide and empower our students on their journey towards successful futures. From inspiring talks by guest speakers representing various industries to visits to local universities and employers, we are determined to provide invaluable insights and real-world experiences. Our focus on key employability skills, access to up-to-date Labour Market Information, and personalised career guidance through interviews and workshops will ensure our students are well-prepared for their chosen paths. With continued commitment to careers education in lessons, work experience, and further education opportunities, we are confident that this year's careers programme will be truly transformative for our students. Please see on the next page for what is on offer for our year 10 and 11 students this year.



MR. FLAVELL CAREERS LEAD



MISS. RAYNS
CAREERS
COORDINATOR



MRS. PROCKTER
CAREERS ADVISOR



#### CAREERS AT IBSTOCK COMMUNITY COLLEGE

**Our Vision:** To support and engage every individual student to understand and develop their own future pathway, and to confidently raise and achieve their aspirations in an increasingly competitive and ever-changing world.

#### YEAR 10 KEY STAGE 4 - WHAT IS ON OFFER?

- Careers guidance interviews with our qualified careers advisors
- Careers talks and assemblies with guest speakers from local businesses, training providers, apprenticeship providers, further education and higher education providers and charities.
- Visits to local universities and colleges, and workshops from local universities and colleges.
- Careers sessions in each subject area (focusing on developing key skills).
- An update on current Labour Market Information (LMI) and how to access this information.
- Access to all career's information on the school website

- Careers learning opportunities in lessons.
- Visits to and visits from employers
- · Further education evening
- Regular LMI updates to understand the local employment opportunities.
- Mock interviews and CV writing workshops.
- Work Experience programme
- Taster visits to local colleges and further education providers
- Careers support available at Parents and Carers Evening
- National Careers Week & National Apprenticeship Week
- Careers Education programme focusing on mental health, financial decision making, healthy relationships, exploring influence and work experience.

#### **YEAR 11**

- Careers guidance interviews with our qualified careers advisors
- Careers talks and assemblies with guest speakers from local businesses, training providers, apprenticeship providers, further education and higher education providers and charities.
- Visits to local universities and colleges, and workshops from local universities and colleges.
- Careers sessions in each subject area (focusing on developing key skills).
- An update on current Labour Market Information (LMI) and how to access this information.
- Careers learning opportunities in lessons.

- Visits to and visits from employers
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- Mock interviews
- Taster visits to local colleges and further education providers
- Careers support available at Parents and Carers Evening
- National Careers Week & National Apprenticeship Week
- Access to all careers information on the school website
- Careers Education programme focusing on health and wellbeing, living in the wider world and professional relationships.

