## dishes and their allergen content - lbstock Community College

| Lunch |  |  | $v_{n}^{v}$ | $5$ | $8$ |  |  |  |  |  | osio |  | dos | $\mathrm{S}^{\text {max }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Dinner Hall | Celery | $\begin{gathered} \text { Cereals } \\ \text { containing } \\ \text { gluten } \end{gathered}$ | Crustaceans | Eggs | Fish | Lupin | mik | Mollus | Mustard | Nuts | Peanuts | $\underset{\substack{\text { Sesame } \\ \text { seeds }}}{ }$ | Soya | $\underset{\substack{\text { Sulphur } \\ \text { Dioxide }}}{ }$ |
| Pasta bolognaise | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato \& salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken tikka wrap | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Curry \& rice | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pasta pot |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast pork \& vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ham \& cheese wrap |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| BBQ chicken wrap | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken burger |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Veggie burger |  | $\checkmark$ |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |
| Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chilli \& rice | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mac \& cheese |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| Roast chicken \& vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



