



# PSHE Knowledge Organiser

**Year Group: 7**

**Topic: Developing Skills and Aspirations**

**Half Term: Autumn Two**

Problem solving is an important skill to develop for later in life and in your future career. There are six stages of problem solving. The first is to identify the problem and decide what the issue is. The second is to break the problem down in to manageable chunks. The third is to observe - is there a pattern or a certain point where the problem occurs? The fourth is to think freely - take a step back and remind yourself of what you are trying to achieve. The fifth is to apply your knowledge - when you think you know what is wrong, try a few different options. You won't know whether something works unless you try it. Finally, the sixth is to evaluate - decide what you did well and what you would do differently next time.



## Further sources of information and advice.

<https://www.bbc.co.uk/bitesize/topics/znpsgk7>

BBC Bitesize has a whole section of its website dedicated to helping you find out about careers. It is never too early to have a look at career options - it will help you to have high aspirations and to set goals.

<https://www.youthemployment.org.uk/>

Youth Employment UK offers information about a wide variety of careers to help you to aspire to greatness!

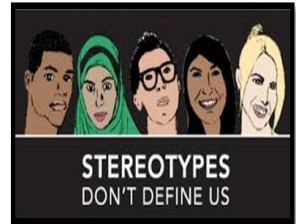
<https://barclayslifefkills.com/young-people/>

Barclays Life Skills provides a range of resources to help you gain all the skills and knowledge you will need on the path to success.

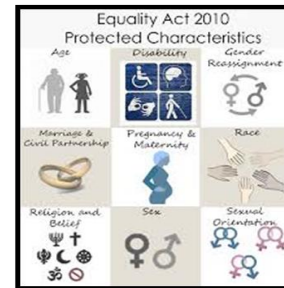
<https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2--ks3-ade-adeptan-paralympic-champion/zbwxn>

This clip shows the aspirational story of Ade Adepitan and the hard work it took to become a Paralympic champion.

A stereotype is when you generalise a group of people and assume that they are all the same. An example of this would be to believe that all young people who wear hoodies are thugs. Some people associate certain jobs with certain genders. Stereotypes can be really damaging, as they can make people feel like they can't access certain careers, and limit their aspirations. Characteristics such as gender, religion and ethnicity should not affect your career choices. Things such as your passions, aspirations and talents should.



Equality is having equal opportunities and rights. It is being treated fairly. It also means being able and supported to reach your potential. Inequality is when people aren't given equal opportunities and rights. They are treated unfairly and experience discrimination. Over the years, laws have been introduced to tackle discrimination and to help ensure people with particular characteristics are treated fairly. The Equality Act of 2010 brought together all the previous equality laws, and made it illegal for any private, public or voluntary sector to discriminate against anyone because of a protected characteristic, such as religion, sexuality or gender.



Your values are your principles and standards of behaviour - what you think is right and how you think people should behave. These can affect our career choices, as they can make us well suited to certain types of jobs. For example, if a person values wildlife, and feels passionately about preserving the environment, then they may choose to pursue a career in conservation. An aspiration is a hope or ambition of achieving something. Natural ability and talent play a part in determining your career path, however hard work and dedication are also extremely important in achieving aspirations. Practicing and working at something will help you to succeed.

